



Slowed Down But Still Thankful

I am so thankful for each one of you! Even though these last few months have been very discouraging due to my leg injury and work limitations, I am still very thankful for so many things. Here are some updates about several areas of my life, many of which affect my ongoing work at Justice For All.

- **Injury / crutches:** So far my knee surgery appears to have been a success. I'm still restricted to walking on crutches, but generally use a wheelchair around the house because my balance is so poor. My doctor tells me that I should be able to put a little weight on my leg within two weeks and possibly be walking within another month.
- **Physical therapy:** With the help of Heartland family, I've been able to get to physical therapy three times a week. I only have about four more weeks of therapy left. So far therapy is going well, though my physical therapists continually have to remind me to slow down.
- **Dinner visits:** I'm so thankful for those of you from church and bible study that have helped me with meals several times a week for the past few weeks. It's difficult right now to prepare food on my own so it has really been a blessing to have people bringing food in. It's also been really nice to have dinner with those who bring me food and spending time getting to know my brothers and sisters better. Specifically I've been able to fellowship with many people friends from our Wednesday Bible study.
- **JFA work:** Despite my setback with my knee injury, my work with JFA has continued with the exception of the parts of my job description that require me to do any standing. I continue to work toward the goal of raising full support that I may be able to increase both my hours and responsibilities at JFA.
- **Upcoming JFA events:** Our next campus training and outreach is at the University of Nebraska in Lincoln, NE (9/13-9/15). Over the next week I'll be assisting in making sure that our team has everything it needs to be prepared for this trip. Later in the fall I'll help prepare for the JFA trips to Colorado, Oklahoma, and Texas.

I've enclosed my co-worker, Maureen McKinley's, reflection. I wasn't able to attend the Fresno, CA outreach but her letter is an amazing story about how God changed hearts and minds there earlier this year!

Your support is a big encouragement to me! I am thankful for my gracious support team and loving church family.

Jeremy Wheeler