



# Heartbeats



Tammy Cook's Monthly Update

July 2023

Dear Friends,

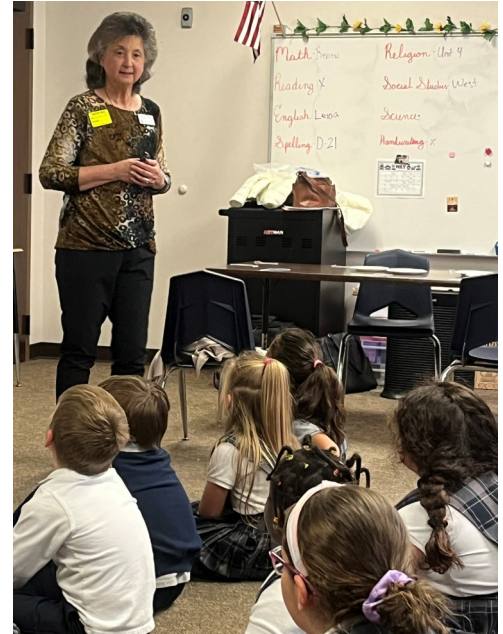
May 1 was a very special day for me! I am grateful to Mary Jo Evans, Principal of Christ the King Catholic School in Wichita, for inviting me to teach two sessions of JFA's "The Baby's Heart Beats Like Mine" Lesson Plan to grades K-4.

In this 45-minute lesson, the students learned to identify with unborn babies through a series of experiences. They heard

their own heartbeats and made a string of beads that will remind them of when the human heart begins to beat (three weeks after conception). They

saw video footage of the unborn baby in the womb. They named similarities they share with unborn babies, and they also learned how to share what they learned with their parents and family.

The goals of this program are to help children value all human beings, including the smallest ones, and to get conversations about unborn babies started in families, churches, schools, and the broader culture. If you are interested in bringing this program to your school or homeschool group, please contact me. Thank you for your support that makes this work possible.



Teaching grades 3-4  
[jfaweb.org/heart-beats-like-mine](http://jfaweb.org/heart-beats-like-mine)



Listening to our heartbeats



Grades K-2 making a string of beads as a reminder of what they learned



In Christ,